



Volunteer Assumption of Risk and Waiver

Volunteer Name _____ Activity 100 Mile Club

I hereby acknowledge and agree that activities such as those listed above have inherent risks such as minor physical/emotional injuries like cuts, bruises, sprains; to serious physical injuries like breaks, dislocations, serious wounds, cardiovascular issues, traumatic brain injury and possibly even a risk of death. I have sufficient knowledge of the nature and extent of the risks associated with these activities and the use of facilities and equipment associated with these activities. If I had any questions or concerns regarding possible risks, I have addressed them with the activity/program or sponsor.

I further acknowledge that the risks communicated by the activity/program sponsor may not be inclusive of all the possible risks associated with the 100 Mile Club (activity/school program) and that the activity/program facilitator(s) may not have anticipated all of the risks associated with the above activities. I accept the fact that the program facilitator(s) cannot guarantee my total safety since some risks in such activities are beyond their control. I agree to follow all instructions and guidelines given by the facilitators, and to act in a safe and responsible manner toward all participants. I fully comprehend and willingly assume the responsibilities and risks of participating in this program, as outlined in information communicated to me by the facilitator(s).

I understand that if I experience an injury/illness, including a concussion, then it is my responsibility to inform the activity/program sponsor immediately. I hereby give my consent to be seen by emergency medical personnel, a physician, or a nurse and treated if necessary in case of sudden illness or injury while participating in the above activity. It is understood that Jeffco Public Schools provides no medical insurance for such treatment and that the cost thereof will be at my expense.

I, _____ hereby waive, release, and discharge Jeffco Public Schools and their/its successors, heirs, assigns, directors, officers, employees, supervisors, agents, attorneys and representatives, from any and all actions, causes of action, claims, demands, losses, damages, costs, attorneys' fees, judgments, liens, or liabilities whatsoever, regarding the aforementioned activity in which I have elected to voluntarily participate. Further, the undersigned acknowledges, understands, and agrees that s/he will not be considered an employee of Jeffco Public Schools. In the event of injury the undersigned acknowledges, understands, and agrees that s/he will NOT be entitled to any workers' compensation benefits pursuant to the Workers' Compensation Act of Colorado or considered an employee for purposes of other labor or employment laws except the Colorado Governmental Immunity Act.

Dated this _____ day of _____, 20_____

Volunteer's Signature